

# Nittany Beagle Rescue

## NEWSLETTER

### NBR's Canine Calendar

- December 5, Noon-2 pm. NBR Showing at Petco, State College.
- December 5, 2-5 pm. Pet Holiday Picture with Santa Claus, Petco, State College.
- January 2, Noon-2 pm. NBR Showing at Petco, State College.
- February 6, Noon-2 pm. NBR Showing at Petco, State College.

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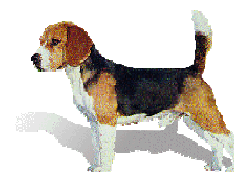
## Greetings Beagle Lovers!

As the holidays roll around and we look forward to the start of a new year, the folks at NBR are happy to report some new and exciting things are going on! We are ecstatic to be distributing our first official newsletter and hope that it will help promote awareness of beagle welfare in and around Centre County.

In this issue, we launch several columns which we hope to make monthly features including Meet the Beagles (dogs who currently need foster and permanent homes), Home Sweet Home (profiles of successful beagle adoptions), Did You Know (frequently asked questions about dog-related issues) and a feature

that will surely be your pet's favorite—a monthly Doggie Recipe!

In addition to our website (which will be updated regularly) the newsletter will be a handy reference to find out what is happening on our events calendar. We are truly excited to announce our new December fundraiser, Pictures with Santa, which will be sponsored by Petco in State College. We thank Petco for their continued support of our rescue efforts. Look for the highlights in our next newsletter!



We encourage our readers and supporters to let us know what you think and what you'd like to see in upcoming issues. If you are as head over heels in love with beagles as we are, make sure to take a look at the volunteer application form. Beagle lovers who want to make a difference in a needy dog's life are always welcomed and needed. Here's to a happy and safe holiday season for all creatures!

Woof!  
The Crew at NBR

## Meet the Beagles

**Ekko**



Hi, I'm Ekko! I'm a 3 year old male tri-color beagle. I am a sweet little guy! I love to be petted. Also, I can be pretty active, and I really enjoy playing. I get along with other dogs and cats, although I chase the cats. I can't help myself - I just want to play with them! I act like a puppy, and I will chew on things (just like a puppy)! I am nearly housetrained. I haven't been around children, but I would probably like them. I am neutered and up-to-date on shots.

**Dudley**



Hi, I'm Dudley. I'm a 4-year old male lemon beagle. I'm a lovable, happy fellow, and I love to play and have lots of energy. I'm good with people, dogs, and other creatures (like ferrets). I am housetrained when someone is home. I don't like to be alone and I would prefer to live with a family that is home a lot. I will be neutered and up-to-date on shots before being adopted.

**Ginger**



Hi, my name is Ginger! I am a 3 or 4 year old female tricolor beagle mix. I might be mixed with blue tick hound, and weigh about 45-50 pounds. I am a great dog! I am good with children, other dogs and cats. I am easy going and quiet. I will make a wonderful addition to your family. I am very affectionate and loving, and I really enjoy playing. Right now I am living outside, so I desperately need a home! I will be spayed, and up-to-date on shots before being adopted. Ginger needs a foster home.

### Did You Know?

Beagles are one of the most common breeds of dogs used in medical and laboratory research. Beagles are often stolen or sold to labs to make a monetary profit.

### Raise Your Paws!

**We'd like to thank the following people and businesses for their recent contributions to the Nittany Beagle Rescue:**

The Bon Ton—sponsor of Care to Share

Petco—sponsor of Pictures with Santa

*As always, thanks to our wonderful foster families and volunteers. We couldn't help these very special animals without your care and support!*

## Treat? Did Someone Say Treat?????

Nobody wants doggie breath to ring in the New Year!

### Bad Breath Banishers

- 2 cups brown rice flour
- 1 Tablespoon activated charcoal (find this at drug-stores, not the briquettes!)

- 3 Tablespoons canola oil
- 1 egg
- 1/2 cup chopped fresh mint
- 1/2 cup chopped fresh parsley
- 2/3 cup lowfat milk

Preheat oven to 400F. Lightly oil a cookie sheet. Combine flour

and charcoal. Add all the other ingredients. Drop teaspoonfuls on oiled sheet, about 1 inch apart. Bake 15-20 minutes. Store in an airtight container in the refrigerator.

*Have a recipe to share? Send it in and we'd be happy to consider it for upcoming issues!*

## Home Sweet Home

### Bucky

#### **Bio at the Time of Adoption:**

Hi, I'm Bucky! I'm an adult male tri-color beagle. They say I'm 6½ but I might be older. I adore being around people and children and love to have my tummy rubbed. I'm on the chubby side (my foster mom and I are working on that) but I'm in good health. I'm a big fan of sleeping but also enjoy going outside on walks and watching cars go by from the porch. I get along well with the other dog in my foster home and don't pay any attention at all to the hamster. When I'm not napping or giving kisses I spend most of my spare time wagging my tail and walking around looking happy. I adjust quickly to new situations and love car rides. I'm also house-trained and neutered.

If you give me a chance I know I'll be a great addition to your family!



**4 months later...** Bucky is doing well in his new home. His foster mom loved him so much she adopted him permanently. He's lost some weight and is now king of the bed...and the couch...and the chair... and the porch...

### Dora

#### **Bio at the Time of Adoption:**

Hi, my name is Dora, & I'm a beautiful female tricolor beagle. I'm 2 or 3 years old & housetrained. I just love other dogs & would be happiest in a home with them. Also, I

love to play with toys. I'm very affectionate & love to be petted! I'm good around young children. I like to sleep on a doggie pillow. Also, I will sit for you. I am up-to-date on shots & spayed.



**11 months later...** Dora is mommy's girl! She is spoiled rotten and loves everyone. She plays nice with her sisters and brother and is one of the official "representative beagles" for NBR—often accompanying her mom to fundraising and awareness events because she is so well behaved.

Kushner said the enjoyment factor is what sets this weight-loss plan apart from others, which usually inspire universal dread.

"These people across the board had fun doing it," he said. "Just leashing up your dog and going for a walk, along with the proper diet, is a fun way to not only take weight off but keep it off."

*More info and a pet BMI calculator is available at [www.petfit.com](http://www.petfit.com)*

## Beagle Myths Debunked

***"Beagles are really cute, but I don't want one in my house because they smell."***

After hearing this more than once, we felt it deserved attention ASAP. Any dog, if not groomed and cared for properly, could fall prey to the evils of doggy odor. Beagles, however, are no more likely than any other dog to "smell". If properly fed, bathed and brushed, your beagle should be a stink-free and exceptionally devoted member of your family!

## In The News

### **DIET: The buddy system for losing weight works, even if the buddy has four legs and barks**

*Marilynn Marchione, AP Medical Writer*

People looking for a way to lose weight may want to trade in pills for a pooch. A first-of-its-kind experiment to put people and their pets on a diet and exercise program found that both lost weight and kept it off, though dogs did better than their owners and didn't drive them crazy begging for food.

With two-thirds of Americans and one-fourth of pets overweight or obese, there's huge potential for this novel buddy system, experts say.

"If you're looking for motivation and social support to lose weight, you probably don't have to look any further than the pet in your own home," said Dr. Robert Kushner of Northwestern Medical School in Chicago, who led the study.

## Nittany Beagle Rescue

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Nittany Beagle Rescue is a nonprofit organization dedicated to saving the lives of beagles in central Pennsylvania. We accept beagles from shelters and from owners who can no longer keep them, and we work to find them loving, permanent homes.

Nittany Beagle Rescue is a 501(c)(3) organization, and your contribution is tax deductible.

## VOLUNTEER AND SPONSOR FORM

Name: \_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

Occupation: \_\_\_\_\_

Interests:  Volunteering  Fostering  Adoption

Sponsorship:  \$25  \$50  \$75  \$100

Other \_\_\_\_\_

## Holiday Safety Tips for the Four-Footed and Furry

Some of the more common holiday hazards include: Bones: The holiday turkey or chicken will leave a lot of tantalizing bones, but don't feed them to your pet. Beware of steak bones, too. Small bones or bone chips can lodge in the throat, stomach, and intestinal tract.

**Fat:** Those wonderful potato latkes (watch the hot oil!), gravies, and poultry skin can cause severe gastrointestinal upset as well.

**Holiday plants:** Holly and mistletoe are extremely poisonous when eaten. The lovely poinsettia may not be truly poisonous, but its milky white sap and leaves can certainly cause severe gastric distress. With so many hybrid varieties available each year, the best approach is to keep

the plants out of your pet's reach.

**Electrical cords:** Holiday lights mean more electrical cords for kittens and puppies to chew. Be sure you have cords secured and out of the way.

**Candles:** Lighted candles should never be left unattended and that is even more important if left at kitty's eye level or within puppy's chewing zone. An exuberant tail, a swat of a paw, and candles and hot wax can quickly become disastrous. Anchor candles securely and away from curious faces and feet.

**Pine needles:** Check around holiday trees and boughs frequently. Ingested pine needles can puncture your pet's intestines if sharp enough.

**Holiday tree:** Make sure your tree is well secured. If you have a tree-climbing cat or large dog with a happy tail, anchor the top of the tree to the wall, using strong cord or rope. Preservatives often used in the water in a tree stand can cause gastric upsets, so be sure it is inaccessible or not used. Avoid sugar and aspirin additives in the water as well.

**Ornaments:** Sharp or breakable ornaments, dreidels, and even aluminum foil should be kept out of reach. String objects, especially tinsel and ribbons, are to be safeguarded at all costs. They are thin and sharp and can wrap around intestines or ball up in the stomach.

**Stress and Company:** With everyone coming

and going, watch out for open doors and sneaky pets. Make sure your pets have collars and tags on in case of escape. Ask guests to keep an eye out for pets under foot and remind them that sometimes your normally friendly dog or cat may be less than willing to deal with enthusiastic children and rooms full of unfamiliar people. Provide a special quiet place with a blanket and fresh water for your pets to retreat to when the festivities get too stressful.

Courtesy of [www.healthypet.com](http://www.healthypet.com)